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The company - History

Olive growing in Greece, started mostly on small family estates, where a particular relationship is built between the olive growers and the olive trees, with respect and care as predominant features. It is a loving relationship that bears precious fruits. Thus begins the history of our company, established by the Plemmenos brothers, in 1912, in Kalamata, a town of the Peloponesse region in southern Greece, where the highest quality of olive oil and olives is produced since ancient times. By 1950, Plemmenos family dream of expanding the business to Athens came true.

This expansion helped the company to start selling its products to new markets, By 1960, the company's products (both olives and olive oil) became world famous thanks to exports to all five continents. In 2009, our company was acquired by IFANTIS S.A., a Greek food-group. The new premium olives and olive oil brand "esti" was successfully introduced in 2010. In 2013, our company acquired ROI S.A., the producer of Lelia Olives brand since 1989, leader in the Greek market and the company renamed to Lelia Foods S.A.. Lelia product range includes Olives in bags and jars and Olive spreads in jars.



Mediterranean Diet

Mediterranean diet's virtues have been repeatedly praised by all expert nutritionists.

Olives constitutes the very essence of this type of diet.

Mediterranean diet is also associated with sensible portions and slower eating,

People who follow this nutritional recommendation, have been characterized by a remarkable variety of health benefits, such as the drastic reductions in incidences of heart disease and different types of cancer, not to mention their immune systems' boost and the facilitation of their bowel functions.



P.D.O. (Protected Designation of Origin)

A Protected Designation of Origin (PDO) is part of the Protected Geographical Status system in the European Union (EU). This framework is designed to protect the integrity of European food and drink by carefully legislating the labeling of certain European products.

When something is given a Protected Designation of Origin, it means that only items produced in a specific area in a particular way may bear that label in the European market. For example, Kalamata Olives has a PDO label, meaning that Kalamata Olives produced in a specific style in the Greek region of Kalamata may be labeled as "PDO Kalamata Olives".

Certifications

ISO 22000:2005 & FSSC 22000

IFS (International Featured Standards)

Certification for the production of Protected Designation of Origin (P.D.O.) Kalamata & Thassou PDO Olives

Certification for the production of organic products

Certification for the production of Kosher products



Lelia Olives with extra virgin olive oil in aluminum bags



Lelia Kalamata Olives 250g

Delicious Kalamata Olives poured with a few drops of Kalamata extra virgin olive oil.



Lelia Black Olives 250g

Whole Black Olives from the famous Amfisa region of Central Greece poured with a few drops of Kalamata extra virgin olive oil.



Lelia Giants Olives 250g

Giants Whole Olives from the famous Amfisa region in Central Greece poured with a few drops of Kalamata extra virgin olive oil.



Lelia Baked Olives 250g

Whole Olives from the famous Amfisa region of Central Greece baked to perfection and poured with a few drops of Kalamata extra virgin olive oil.



Lelia Thoumpa Thassou PDO Olives 150g

Naturally sundried Olives with Protected Designation of Origin produced in Thassos island.



Lelia Pitted Kalamata Olives 100g

Pitted Kalamata olives poured with a few drops of Kalamata extra virgin olive oil.



Lelia Sliced Kalamata Olives 100g

Sliced Kalamata olives poured with a few drops of Kalamata extra virgin olive oil.



Lelia mixed Kalamata & Green Halkidiki Olives 100g

Mixed Whole Kalamata & Green Halkidiki olives poured with a few drops of Kalamata extra virgin olive oil.

Lelia Kalamata Olives in tins



Lelia Kalamata Olives 250g tin

Delicious Kalamata olives in brine.

Lelia Kalamata Olives 500g tin

Delicious Kalamata olives in brine.





Lelia Kalamata Olive Spread 360g & 200g

Kalamata Olive Spread from finely minced Kalamata olives blended with a bunch of oregano from Taygetos mountain and Kalamata extra virgin olive oil.



Lelia Green Olive Spread 360g & 200g

Green Olive Spread from Halkidiki olives blended with lemon, a bunch of oregano from Taygetos mountain and Kalamata extra virgin olive oil.



Lelia Olives in jars

Lelia Kalamata Olives 220g jar

Delicious Kalamata Olives in brine.



Lelia Green stuffed Olives with natural red pepper 200g jar

Giants Green olives stuffed with natural red pepper in brine.



Lelia Organic Kalamata Olives 200g jar

Delicious Organic Kalamata Olives in brine.



Lelia Pitted Kalamata Olives 190g jar

Delicious Pitted Kalamata Olives in brine.

Lelia Olives in pots



Baked Pitted Kalamata Olives with balsamic vinegar, onion & parsley 130g



Pitted Kalamata Olives with cumin, pink pepper & vinegar 150g



Pitted Green Olives with sage, parsley & white pepper 150g



Pitted Green Olives with thyme, oregano & lemon 150g

Lelia Food Service products



Lelia Olives in aluminum bags

All kind of Olives are packed with extra virgin olive oil or sunflower in aluminum bags of 1 kg $\&\,2.5$ kg (drained weight) which offer many advantages, such as easy weight control, less salt due to the lack of brine, increased product safety & hygiene, less waste.

